



SK PHARMA LTD

Kalcium Patient Information Leaflet

Read this leaflet before using this product. Keep it for reference and ask your doctor or pharmacist if you have questions. Do not share a prescribed medicine with another person.

1 What this product contains and is used for

Composition: Calcium 500mg + Vit D 250 IU

Therapeutic class: Calcium / vitamin supplement. Calcium-containing nutritional preparation.

Uses: Supplementation where dietary intake is inadequate.

2 Before using this product

Do not use if you are allergic to an active ingredient or any other ingredient. Get emergency help for difficulty breathing, collapse or swelling of the face, lips, tongue or throat.

Do not use without verifying vitamin D units and the calcium content. Report kidney stones, high calcium, kidney disease or use of other supplements.

Other medicines: Calcium can reduce absorption of thyroid medicine, some antibiotics and iron; arrange separation with a pharmacist.

Pregnancy and breastfeeding: ask a clinician before use if you are pregnant, planning pregnancy or breastfeeding. The advice depends on this product and your condition.

3 How to use this product

Use exactly as directed by your doctor or pharmacist. The prescribed amount, frequency and treatment duration depend on the diagnosis, age, kidney or liver function and other medicines.

Missed dose: ask your pharmacist for the product-specific rule. Do not take an extra dose automatically; some medicines have special missed-dose instructions.

Too much: seek urgent medical advice or emergency care and take the container with you. Do not wait for symptoms or induce vomiting.



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4 Possible side effects

Not everyone develops side effects. Effects listed here are a concise selection; the final product label must include the complete medicine-specific information.

Possible effects: Constipation, bloating and nausea. Excess intake can cause high blood calcium.

When to get help: Marked thirst, frequent urination, vomiting, confusion or severe weakness needs medical assessment.

Get emergency help for a severe allergic reaction. Contact your doctor or pharmacist for troublesome or persistent symptoms. Report suspected reactions to SK Pharma with the product name, batch number, dates of use and symptoms.

5 Storage and safe disposal

Keep out of the sight and reach of children. Store in the original closed container and follow the temperature and light-protection conditions printed on the pack. Do not use after the expiry date or if the seal is damaged.

An expiry date on a label does not establish the period allowed after opening. Ask your pharmacist about the approved after-opening period and disposal of unused product. Do not discard medicines in household wastewater.

6 Presentation and ingredients

Brand: Calcium. Presentation: 30 Tablets.

Active ingredients: Calcium 500mg + Vit D 250 IU.

Other ingredients: the full excipient list, including any sugar, alcohol, allergens, preservatives and capsule-shell components, must be completed from the approved SK Pharma formula.

7 Manufacturer and contact details

SK Pharma Ltd

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